

# performance evaluation one

## ADULT - ONE-PROVIDER CPR AED



Student Name \_\_\_\_\_ Class Date \_\_\_\_\_

You are a trained CPR AED provider responding to an emergency alert for a person having a seizure in your workplace. As you approach the scene, you see an untrained coworker kneeling next to a motionless person lying on the floor. The bystander says, "He just fainted. His arms and legs were shaking." You have appropriate PPE. An AED is nearby. You have a CPR mask with a disposable one-way valve with your first aid kit. Demonstrate what actions you would take next.

Procedure	Provider Action (Performance Criteria)	Instructor Prompt	Check Off
<b>Performs Assessment</b>	<ul style="list-style-type: none"> <li>▸ Assesses scene safety.</li> <li>▸ Takes standard precautions.</li> <li>▸ Assesses responsiveness.</li> <li>▸ Activates EMS and/or EAP.</li> <li>▸ After activating, and unless they are readily available, sends someone to get the first aid kit and an AED.</li> </ul>	<p><b>"Scene is safe."</b></p> <p><b>"Person is unresponsive."</b></p> <p><b>"EMS has been activated."</b></p> <p><b>"The coworker will get the AED."</b></p>	<input type="checkbox"/>
<b>Assesses Breathing</b>	<ul style="list-style-type: none"> <li>▸ Assesses breathing for no more than 10 seconds.</li> </ul>	<b>"The person is gasping slowly."</b>	<input type="checkbox"/>
<b>Starts High-Quality CPR</b>	<ul style="list-style-type: none"> <li>▸ Immediately starts CPR, beginning with chest compressions.</li> <li>▸ Performs 30 high-quality chest compressions.</li> <li>▸ Positions two hands on the lower half of the breastbone.</li> <li>▸ Compresses at least 2 inches (5 cm).</li> <li>▸ Compresses at a rate of 100–120 times per minute (30 compressions in no less than 15 and no more than 18 seconds).</li> <li>▸ Allows chest to fully recoil at the top of compressions.</li> </ul>		<input type="checkbox"/>
<b>Gives Rescue Breaths</b>	<ul style="list-style-type: none"> <li>▸ Seals the CPR mask against the person's face.</li> <li>▸ Opens the airway using the head tilt–chin lift maneuver.</li> <li>▸ Gives two rescue breaths. Ensures each breath is 1 second in length.</li> <li>▸ Creates visible rise of chest, but no more.</li> <li>▸ Immediately resumes high-quality chest compressions in less than 10 seconds.</li> </ul>		<input type="checkbox"/>
<b>Continues High-Quality CPR</b>	<ul style="list-style-type: none"> <li>▸ Repeats a second CPR cycle of 30:2 compressions-to-breaths.</li> </ul>	<b>[Student needs to complete this cycle before "coworker" arrives with AED.]</b>	<input type="checkbox"/>
<b>Operates the AED</b>	<ul style="list-style-type: none"> <li>▸ Powers on the AED. Bares the chest.</li> <li>▸ Correctly applies AED pads.</li> <li>▸ Follows AED prompts.</li> </ul>	<p><b>[Instructor in the role of coworker]</b></p> <p><b>"Here is the AED."</b></p>	<input type="checkbox"/>

Procedure	Provider Action (Performance Criteria)	Instructor Prompt	Check Off
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<b>Clears for Analysis</b>	<ul style="list-style-type: none"> <li>▸ Makes sure no one is touching the person.</li> </ul>	<b>[AED] "Analyzing."</b>	<input type="checkbox"/>
<b>Safely Delivers Shock</b>	<ul style="list-style-type: none"> <li>▸ Makes sure no one is touching the person.</li> <li>▸ Presses the shock button.</li> </ul>	<b>[AED] "Shock advised."</b> <b>[Instructor] "Person's muscles contract suddenly."</b>	<input type="checkbox"/>
<b>Continues High-Quality CPR</b>	<ul style="list-style-type: none"> <li>▸ Immediately resumes high-quality chest compressions in less than 10 seconds.</li> <li>▸ Completes a third cycle of 30:2 compressions-to-breaths.</li> </ul>		<input type="checkbox"/>
<b>Removes PPE</b>	<ul style="list-style-type: none"> <li>▸ Correctly removes and disposes of gloves.</li> <li>▸ Verbalizes washing hands immediately after removing gloves.</li> </ul>	<b>[Instructor] "EMS arrives and takes over. Please demonstrate how to remove your PPE and what actions you would take next."</b>	<input type="checkbox"/>
<b>END PERFORMANCE EVALUATION</b>			

☐ Successfully Completed.    ☐ Not Successfully Completed. Remediation Required.

Signature of HSI Authorized Instructor \_\_\_\_\_ HSI Instructor Registry Number: \_\_\_\_\_



# performance evaluation two

## CHILD – ONE-PROVIDER CPR AED



Student Name dsfs

Class Date \_\_\_\_\_

You are a trained CPR AED provider responding to an emergency alert for a child passed out on the playground. As you approach the scene, you see an untrained coworker kneeling next to a motionless child lying on the ground. The bystander says, "He was just kicking the soccer ball around and collapsed. He's only seven!" You have appropriate PPE. There is an AED nearby. You have a CPR mask with a one-way valve with your first aid kit. Demonstrate what actions you would take next.

Procedure	Provider Action (Performance Criteria)	Instructor Prompt	Check Off
<b>Performs Assessment</b>	<ul style="list-style-type: none"> <li>▸ Assesses scene safety.</li> <li>▸ Takes standard precautions.</li> <li>▸ Assesses responsiveness.</li> <li>▸ Activates EMS and/or EAP.</li> <li>▸ After activating, and unless they are readily available, sends someone to get the first aid kit and an AED.</li> </ul>	<p><b><i>"Scene is safe."</i></b></p> <p><b><i>"Child is unresponsive."</i></b></p> <p><b><i>"EMS has been activated."</i></b></p> <p><b><i>"The coworker will get the AED."</i></b></p>	<input type="checkbox"/>
<b>Assesses Breathing</b>	<ul style="list-style-type: none"> <li>▸ Assesses breathing for no more than 10 seconds.</li> </ul>	<b><i>"The child is not breathing."</i></b>	<input type="checkbox"/>
<b>Starts High-Quality CPR</b>	<ul style="list-style-type: none"> <li>▸ Immediately starts CPR, beginning with chest compressions.</li> <li>▸ Performs 30 high-quality chest compressions.</li> <li>▸ Places 1 or 2 hands on the center of the chest.</li> <li>▸ Compresses at least 2 inches (5 cm).</li> <li>▸ Compresses at a rate of 100–120 times per minute (30 compressions in no less than 15 and no more than 18 seconds).</li> <li>▸ Allows chest to fully recoil at the top of compressions.</li> </ul>		<input type="checkbox"/>
<b>Gives Rescue Breaths</b>	<ul style="list-style-type: none"> <li>▸ Seals the CPR mask against the child's face.</li> <li>▸ Opens the airway using the head tilt–chin lift maneuver.</li> <li>▸ Gives two rescue breaths. Ensures each breath is 1 second in length. Creates visible rise of chest, but no more.</li> <li>▸ Immediately resumes chest high-quality chest compressions in less than 10 seconds.</li> </ul>		<input type="checkbox"/>
<b>Continues High-Quality CPR</b>	<ul style="list-style-type: none"> <li>▸ Repeats a second CPR cycle of 30:2 compressions-to-breaths.</li> </ul>	<b><i>[Student needs to complete this cycle before coworker arrives with AED.]</i></b>	<input type="checkbox"/>
<b>Operates the AED</b>	<ul style="list-style-type: none"> <li>▸ Powers on the AED. Bares the chest.</li> <li>▸ Switches AED to child use (if required by AED).</li> <li>▸ Correctly applies pediatric AED pads.</li> <li>▸ Follows AED prompts.</li> </ul>	<p><b><i>[Instructor in the role of coworker]</i></b></p> <p><b><i>"Here is the AED."</i></b></p>	<input type="checkbox"/>

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Procedure	Provider Action (Performance Criteria)	Instructor Prompt	Check Off
<b>Clears for Analysis</b>	<ul style="list-style-type: none"> <li>▸ Makes sure no one is touching the child.</li> </ul>	<i>[AED] "Analyzing."</i>	<input type="checkbox"/>
<b>Safely Delivers Shock</b>	<ul style="list-style-type: none"> <li>▸ Makes sure no one is touching the child.</li> <li>▸ Presses shock button.</li> </ul>	<i>[AED] "Shock advised."</i> <i>[Instructor] "Child's muscles contract suddenly."</i>	<input type="checkbox"/>
<b>Continues High-Quality CPR</b>	<ul style="list-style-type: none"> <li>▸ Immediately resumes high-quality chest compressions in less than 10 seconds.</li> <li>▸ Completes a third cycle of 30:2 compressions-to-breaths.</li> </ul>		<input type="checkbox"/>
<b>Removes PPE</b>	<ul style="list-style-type: none"> <li>▸ Correctly removes and disposes of gloves.</li> <li>▸ Verbalizes washing hands immediately after removing gloves.</li> </ul>	<i>[Instructor] "EMS arrives and takes over. Please demonstrate how to remove your PPE and what actions you would take next."</i>	<input type="checkbox"/>
<b>END PERFORMANCE EVALUATION</b>			

☐ Successfully Completed.    ☐ Not Successfully Completed. Remediation Required.

Signature of HSI Authorized Instructor \_\_\_\_\_ HSI Instructor Registry Number: \_\_\_\_\_



# performance evaluation three

## INFANT - ONE-PROVIDER CPR



Student Name \_\_\_\_\_ Class Date \_\_\_\_\_

You are a trained CPR AED provider responding to repeated, panic-stricken shouts of "Help!" As you reach the scene, an obviously distraught teenager hands you a limp infant, pleading, "Help me... she's not breathing!" You have appropriate PPE. There is no AED nearby. You have an infant CPR mask with a one-way valve with your first aid kit. Demonstrate what actions you would take next.

Procedure	Provider Action (Performance Criteria)	Instructor Prompt	Check Off
<b>Performs Assessment</b>	<ul style="list-style-type: none"> <li>▸ Assesses scene safety.</li> <li>▸ Takes standard precautions.</li> <li>▸ Assesses responsiveness.</li> <li>▸ Activates EMS and/or EAP.</li> <li>▸ After activating, and unless they are readily available, sends someone to get the first aid kit and an AED.</li> </ul>	<p><b>"Scene is safe."</b></p> <p><b>"Infant is unresponsive."</b></p> <p><b>"EMS has been activated."</b></p>	<input type="checkbox"/>
<b>Assesses Breathing</b>	<ul style="list-style-type: none"> <li>▸ Assesses breathing for no more than 10 seconds.</li> </ul>	<b>"The infant is not breathing."</b>	<input type="checkbox"/>
<b>Starts High-Quality CPR</b>	<ul style="list-style-type: none"> <li>▸ Immediately starts CPR, beginning with chest compressions.</li> <li>▸ Performs 30 high-quality chest compressions.</li> <li>▸ Correctly uses one of three hand-position techniques: 2-Finger, 2-Thumb Encircling-Hands, or heel of one hand.</li> <li>▸ Does not press the tip of the breastbone.</li> <li>▸ Compresses at least 1/3 depth of chest or about 1½ inches (4 cm).</li> <li>▸ Compresses at a rate of 100–120 times per minute (30 compressions in no less than 15 and no more than 18 seconds).</li> <li>▸ Allows chest to fully recoil at the top of compressions.</li> </ul>		<input type="checkbox"/>
<b>Gives Rescue Breaths</b>	<ul style="list-style-type: none"> <li>▸ Seals an CPR mask against the infant's face.</li> <li>▸ Opens the airway using the head tilt-chin lift maneuver.</li> <li>▸ Gives two rescue breaths.</li> <li>▸ Ensures each breath is 1 second in length. Creates visible rise of chest, but no more.</li> <li>▸ Immediately resumes high-quality chest compressions in less than 10 seconds.</li> </ul>		<input type="checkbox"/>
<b>Continues High-Quality CPR</b>	<ul style="list-style-type: none"> <li>▸ Repeats a second CPR cycle of 30:2 compressions-to-breaths.</li> </ul>		<input type="checkbox"/>
	<ul style="list-style-type: none"> <li>▸ Completes a third cycle of 30:2 compressions-to-breaths.</li> </ul>		<input type="checkbox"/>
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Procedure	Provider Action (Performance Criteria)	Instructor Prompt	Check Off
<b>Removes PPE</b>	<ul style="list-style-type: none"> <li>▸ Correctly removes and disposes of gloves.</li> <li>▸ Verbalizes washing hands immediately after removing gloves.</li> </ul>	<i><b>"EMS arrives and takes over. Please demonstrate how to remove your gloves and what actions you would take next."</b></i>	<input type="checkbox"/>
<b>END PERFORMANCE EVALUATION</b>			

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