

COMMUNITY SAFETY CONSULTANTS AHA CPR COURSE RECORD SHEET

Instructor(s): _____ Phone #: _____ - _____ - _____ Organization: _____

Address: _____

City, State, ZIP-Code: _____

Date: ____/____/____ Start Time: _____ End Time: _____ Total Hours: _____ Total Days: _____

of INITIAL students: ____; # of RENEWAL students: ____; # of INCOMPLETE students: ____; Student/Manikin Ratio: ____ (Max = 3:1)

Instructor/Student Ratio: ____ (Max: 1:6); Manikin decontaminated following CSC policy by: _____

INSTRUCTOR COMMENTS (include remediations): _____

*NOTE: Students need a score of 84% or above on the written test to pass or they **MUST** be remediated.*

I verify that this information is accurate, and this course was taught in accordance with AHA guidelines.

Instructor Signature: _____ Date: ____/____/____

<u>CHECK OFF COURSE TYPE</u>	<u>MARK OFF SKILLS COMPLETED</u>	<u>Equipment Used: ALL INSTRUCTORS MUST FILL IN</u>
<input type="checkbox"/> Family & Friends	<i><u>Heartsaver AED</u></i>	AHA Bag #: _____ AED Trainer(s) #: _____
<input type="checkbox"/> CPR in School	<input type="checkbox"/> Adult CPR / AED	F/A Instructor Box #: _____ F/A Bag #: _____ F/A Box #s: _____
<input type="checkbox"/> BLS Healthcare Provider	<input type="checkbox"/> Child CPR / AED	Other Equipment used (type): _____
<input type="checkbox"/> BLS Instructor	<input type="checkbox"/> Infant CPR	Manikins used in class – Adult: _____
	<i><u>Heartsaver First Aid</u></i>	Child: _____
	<input type="checkbox"/> Adult First Aid	Infant: _____
		Paid \$: _____ PO: _____ Check: _____
		Cards sent on: ____/____/____ To whom: _____

PLEASE - NEATLY PRINT INFORMATION

Write grade less than 84. Fill Passing grade later
 Practical & Final
 P- Pass, R- Remediate, I- Inc.

COURSE
 DATES

80	92
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	BLS	REN	FIRST NAME	LAST NAME	ADDRESS (Street, City, State)	ZIP CODE	COURSE DATES			WRIT.	PRAC	FIN	INC	PU	✓ \$	AMT
						PHONE										
1																
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INSTRUCTORS: Please be sure the above list is LEGIBLE and COMPLETE before submitting.

BLS for Healthcare Providers Course

1- and 2-Rescuer Adult BLS With AED Skills Testing Sheet



See 1- and 2-Rescuer Adult BLS With AED Skills Testing Criteria and Descriptors on next page

Student Name: _____ Test Date: _____

	CPR Skills (circle one):	Pass	Needs Remediation		
	AED Skills (circle one):	Pass	Needs Remediation		
Skill Step	Critical Performance Criteria	✓ If done correctly			
1-Rescuer Adult BLS Skills Evaluation					
During this first phase, evaluate the first rescuer's ability to initiate BLS and deliver high-quality CPR for 5 cycles.					
1	ASSESSSES: Checks for response and for no breathing or no normal breathing, only gasping (at least 5 seconds but no more than 10 seconds)				
2	ACTIVATES emergency response system				
3	Checks for PULSE (no more than 10 seconds)				
4	GIVES HIGH-QUALITY CPR:				
	◦ Correct compression HAND PLACEMENT			Cycle 1:	
	◦ ADEQUATE RATE: At least 100/min (ie, delivers each set of 30 chest compressions in 18 seconds or less)			Cycle 2:	Time:
	◦ ADEQUATE DEPTH: Delivers compressions at least 2 inches in depth (at least 23 out of 30)			Cycle 3:	
	◦ ALLOWS COMPLETE CHEST RECOIL (at least 23 out of 30)			Cycle 4:	
	◦ MINIMIZES INTERRUPTIONS: Gives 2 breaths with pocket mask in less than 10 seconds			Cycle 5:	
Second Rescuer AED Skills Evaluation and SWITCH					
During this next phase, evaluate the second rescuer's ability to use the AED and both rescuers' abilities to switch roles.					
5	DURING FIFTH SET OF COMPRESSIONS: Second rescuer arrives with AED and bag-mask device, turns on AED, and applies pads				
6	First rescuer continues compressions while second rescuer turns on AED and applies pads				
7	Second rescuer clears victim, allowing AED to analyze—RESCUERS SWITCH				
8	If AED indicates a shockable rhythm, second rescuer clears victim again and delivers shock				
First Rescuer Bag-Mask Ventilation					
During this next phase, evaluate the first rescuer's ability to give breaths with a bag-mask.					
9	Both rescuers RESUME HIGH-QUALITY CPR immediately after shock delivery:			Cycle 1	Cycle 2
	◦ SECOND RESCUER gives 30 compressions immediately after shock delivery (for 2 cycles)				
	◦ FIRST RESCUER successfully delivers 2 breaths with bag-mask (for 2 cycles)				
AFTER 2 CYCLES, STOP THE EVALUATION					
<ul style="list-style-type: none"> ◦ If the student completes all steps successfully (a ✓ in each box to the right of Critical Performance Criteria), the student passed this scenario. ◦ If the student does not complete all steps successfully (as indicated by a blank box to the right of any of the Critical Performance Criteria), give the form to the student for review as part of the student's remediation. ◦ After reviewing the form, the student will give the form to the instructor who is reevaluating the student. The student will reperform the entire scenario, and the instructor will notate the reevaluation on this same form. ◦ If the reevaluation is to be done at a different time, the instructor should collect this sheet before the student leaves the classroom. 					
Instructor Signature: _____			Remediation (if needed):		
Print Instructor Name: _____			Instructor Signature: _____		
Date: _____			Print Instructor Name: _____		
			Date: _____		

BLS for Healthcare Providers Course

1- and 2-Rescuer Adult BLS With AED Skills Testing Criteria and Descriptors

1. **Assesses victim (Steps 1 and 2, assessment and activation, must be completed within 10 seconds of arrival at scene):**
 - Checks for unresponsiveness (this MUST precede starting compressions)
 - Checks for no breathing or no normal breathing (only gasping)
2. **Activates emergency response system (Steps 1 and 2, assessment and activation, must be completed within 10 seconds of arrival at scene):**
 - Shouts for help/directs someone to call for help AND get AED/defibrillator
3. **Checks for pulse:**
 - Checks carotid pulse
 - This should take no more than 10 seconds
4. **Delivers high-quality CPR (initiates compressions within 10 seconds of identifying cardiac arrest):**
 - Correct placement of hands/fingers in center of chest
 - Adult: Lower half of breastbone
 - Adult: 2-handed (second hand on top of the first or grasping the wrist of the first hand)
 - Compression rate of at least 100/min
 - Delivers 30 compressions in 18 seconds or less
 - Adequate depth for age
 - Adult: at least 2 inches (5 cm)
 - Complete chest recoil after each compression
 - Minimizes interruptions in compressions:
 - Less than 10 seconds between last compression of one cycle and first compression of next cycle
 - Compressions not interrupted until AED analyzing rhythm
 - Compressions resumed immediately after shock/no shock indicated
5. **Integrates prompt and proper use of AED with CPR:**
 - Turns AED on
 - Places proper-sized pads for victim's age in correct location
 - Clears rescuers from victim for AED to analyze rhythm (pushes ANALYZE button if required by device)
 - Clears victim and delivers shock
 - Resumes chest compressions immediately after shock delivery
 - Does NOT turn off AED during CPR
 - Provides safe environment for rescuers during AED shock delivery:
 - Communicates clearly to all other rescuers to stop touching victim
 - Delivers shock to victim after all rescuers are clear of victim
 - Switches during analysis phase of AED
6. **Provides effective breaths:**
 - Opens airway adequately
 - Delivers each breath over 1 second
 - Delivers breaths that produce visible chest rise
 - Avoids excessive ventilation

BLS for Healthcare Providers Course

1- and 2-Rescuer Infant BLS Skills Testing Sheet



See 1- and 2-Rescuer Infant BLS Skills Testing Criteria and Descriptors on next page

Student Name: _____ Test Date: _____

	1-Rescuer BLS and CPR Skills (circle one):	Pass	Needs Remediation
	2-Rescuer CPR Skills		
	Bag-Mask (circle one):	Pass	Needs Remediation
	2 Thumb-Encircling Hands (circle one):	Pass	Needs Remediation
Skill Step	Critical Performance Criteria	✓ If done correctly	
1-Rescuer Infant BLS Skills Evaluation			
During this first phase, evaluate the first rescuer's ability to initiate BLS and deliver high-quality CPR for 5 cycles.			
1	ASSESES: Checks for response and for no breathing or only gasping (at least 5 seconds but no more than 10 seconds)		
2	Sends someone to ACTIVATE emergency response system		
3	Checks for PULSE (no more than 10 seconds)		
4	GIVES HIGH-QUALITY CPR:		
	◦ Correct compression FINGER PLACEMENT	Cycle 1:	
	◦ ADEQUATE RATE: At least 100/min (ie, delivers each set of 30 chest compressions in 18 seconds or less)	Cycle 2:	Time:
	◦ ADEQUATE DEPTH: Delivers compressions at least one third the depth of the chest (approximately 1½ inches [4 cm]) (at least 23 out of 30)	Cycle 3:	
	◦ ALLOWS COMPLETE CHEST RECOIL (at least 23 out of 30)	Cycle 4:	
	◦ MINIMIZES INTERRUPTIONS: Gives 2 breaths with pocket mask in less than 10 seconds	Cycle 5:	
2-Rescuer CPR and SWITCH			
During this next phase, evaluate the FIRST RESCUER'S ability to give breaths with a bag-mask and give compressions by using the 2 thumb-encircling hands technique. Also evaluate both rescuers' abilities to switch roles.			
5	DURING FIFTH SET OF COMPRESSIONS: Second rescuer arrives with bag-mask device. RESCUERS SWITCH ROLES.		
6	Both rescuers RESUME HIGH-QUALITY CPR:	Cycle 1	Cycle 2
	◦ SECOND RESCUER gives 15 compressions in 9 seconds or less by using 2 thumb-encircling hands technique (for 2 cycles)	X	X
	◦ FIRST RESCUER successfully delivers 2 breaths with bag-mask (for 2 cycles)		
AFTER 2 CYCLES, PROMPT RESCUERS TO SWITCH ROLES			
7	Both rescuers RESUME HIGH-QUALITY CPR:	Cycle 1	Cycle 2
	◦ FIRST RESCUER gives 15 compressions in 9 seconds or less by using 2 thumb-encircling hands technique (for 2 cycles)	Time:	Time:
	◦ SECOND RESCUER successfully delivers 2 breaths with bag-mask (for 2 cycles)	X	X
AFTER 2 CYCLES, STOP THE EVALUATION			
<ul style="list-style-type: none"> ◦ If the student completes all steps successfully (a ✓ in each box to the right of Critical Performance Criteria), the student passed this scenario. ◦ If the student does not complete all steps successfully (as indicated by a blank box to the right of any of the Critical Performance Criteria), give the form to the student for review as part of the student's remediation. ◦ After reviewing the form, the student will give the form to the instructor who is reevaluating the student. The student will reperform the entire scenario, and the instructor will notate the reevaluation on this same form. ◦ If the reevaluation is to be done at a different time, the instructor should collect this sheet before the student leaves the classroom. 			
Instructor Signature: _____		Remediation (if needed):	
Print Instructor Name: _____		Instructor Signature: _____	
Date: _____		Print Instructor Name: _____	
		Date: _____	

BLS for Healthcare Providers Course

1- and 2-Rescuer Infant BLS

Skills Testing Criteria and Descriptors

1. **Assesses victim (Steps 1 and 2, assessment and activation, must be completed within 10 seconds of arrival at scene):**
 - Checks for unresponsiveness (this MUST precede starting compressions)
 - Checks for no breathing or only gasping
2. **Sends someone to activate emergency response system (Steps 1 and 2, assessment and activation, must be completed within 10 seconds of arrival at scene):**
 - Shouts for help/directs someone to call for help AND get AED/defibrillator
 - If alone, remains with infant to provide 2 minutes of CPR before activating emergency response system
3. **Checks for pulse:**
 - Checks brachial pulse
 - This should take no more than 10 seconds
4. **Delivers high-quality 1-rescuer CPR (initiates compressions within 10 seconds of identifying cardiac arrest):**
 - Correct placement of hands/fingers in center of chest
 - 1 rescuer: 2 fingers just below the nipple line
 - Compression rate of at least 100/min
 - Delivers 30 compressions in 18 seconds or less
 - Adequate depth for age
 - Infant: at least one third the depth of the chest (approximately 1½ inches [4 cm])
 - Complete chest recoil after each compression
 - Appropriate ratio for age and number of rescuers
 - 1 rescuer: 30 compressions to 2 breaths
 - Minimizes interruptions in compressions:
 - Less than 10 seconds between last compression of one cycle and first compression of next cycle
5. **Switches at appropriate intervals as prompted by the instructor (for purposes of this evaluation)**
6. **Provides effective breaths with bag-mask device during 2-rescuer CPR:**
 - Provides effective breaths:
 - Opens airway adequately
 - Delivers each breath over 1 second
 - Delivers breaths that produce visible chest rise
 - Avoids excessive ventilation
7. **Provides high-quality chest compressions during 2-rescuer CPR:**
 - Correct placement of hands/fingers in center of chest
 - 2 rescuers: 2 thumb-encircling hands just below the nipple line
 - Compression rate of at least 100/min
 - Delivers 15 compressions in 9 seconds or less
 - Adequate depth for age
 - Infant: at least on third the depth of the chest (approximately 1½ inches [4 cm])
 - Complete chest recoil after each compression
 - Appropriate ratio for age and number of rescuers
 - 2 rescuers: 15 compressions to 2 breaths
 - Minimizes interruptions in compressions:
 - Less than 10 seconds between last compression of one cycle and first compression of next cycle

ANSWER SHEET

BLS for Healthcare Providers Written Exam

Name: _____ Date: ____/____/____ Test Version: _____

Test Score: _____ Test Booklet No.: _____ (Must attain a score of 84% or better to pass this course)

Question	Answer			
1	(A)	(B)	(C)	(D)
2	(A)	(B)	(C)	(D)
3	(A)	(B)	(C)	(D)
4	(A)	(B)	(C)	(D)
5	(A)	(B)	(C)	(D)
6	(A)	(B)	(C)	(D)
7	(A)	(B)	(C)	(D)
8	(A)	(B)	(C)	(D)
9	(A)	(B)	(C)	(D)
10	(A)	(B)	(C)	(D)
11	(A)	(B)	(C)	(D)
12	(A)	(B)	(C)	(D)
13	(A)	(B)	(C)	(D)
14	(A)	(B)	(C)	(D)
15	(A)	(B)	(C)	(D)
16	(A)	(B)	(C)	(D)
17	(A)	(B)	(C)	(D)
18	(A)	(B)	(C)	(D)
19	(A)	(B)	(C)	(D)
20	(A)	(B)	(C)	(D)
21	(A)	(B)	(C)	(D)
22	(A)	(B)	(C)	(D)
23	(A)	(B)	(C)	(D)
24	(A)	(B)	(C)	(D)
25	(A)	(B)	(C)	(D)

ECC Course Evaluation

for ACLS, BLS for Healthcare Providers and PALS Classroom Courses



Date _____ Instructor(s) _____

Training Center _____ Location _____

Please answer the following questions about your **Instructor**.

My Instructor:

1. Provided instruction and help during my skills practice session
 - a. Yes
 - b. No
2. Answered all of my questions before my skills test
 - a. Yes
 - b. No
3. Was professional and courteous to the students
 - a. Yes
 - b. No

Please answer the following questions about the **course content**.

1. The course learning objectives were clear.
 - a. Yes
 - b. No
2. The overall level of difficulty of the course was
 - a. Too hard
 - b. Too easy
 - c. Appropriate
3. The content was presented clearly.
 - a. Yes
 - b. No
4. The quality of videos and written materials was
 - a. Excellent
 - b. Good
 - c. Fair
 - d. Poor
5. The equipment was clean and in good working condition.
 - a. Yes
 - b. No

Please answer the following questions about your **skill mastery**.

1. The course prepared me to successfully pass the skills session.
 - a. Yes
 - b. No
2. I am confident I can use the skills the course taught me.
 - a. Yes
 - b. No
 - c. Not sure

3. I will respond in an emergency because of the skills I learned in this course.

- a. Yes
- b. No
- c. Not sure

4. I took this course to obtain professional education credit or continuing education credit.

- a. Yes
- b. No

Optional questions:

Have you previously taken this course via another method, such as in a classroom or online?

Which learning method do you prefer and why?

Were there any strengths or weaknesses of the course that you would like to comment on?

What would you like to see in future courses developed by the AHA?

Upon completion:

Please return to instructor or email this form to

randy@communitysafetyconsultants.com
Instructor or Training Center

or mail to

American Heart Association
 ECC Training Department
 7272 Greenville Ave.
 Dallas, TX 75231

Scan and email to: ecctraining@heart.org