

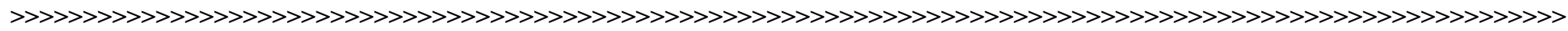
COMMUNITY SAFETY CONSULTANTS AHA CPR COURSE RECORD SHEET

Organization: _____ Address: _____ ZIP: _____

Date: _____ Start Time: _____ End Time: _____ Total Hours: _____ Total Days: _____

of INITIAL students: _____; # of INC students: _____; Student/Manikin Ratio: _____ (Max = 3:1)

Instr/Student Ratio: _____ (Max: 1:6) Manikin decon following CSC policy by: _____



Lead Instr: _____ Instr Phone #: _____ - _____ - _____ Cards to be picked up by instructor _____

Asst Instrs 1) _____ 2) _____ 3) _____

INSTRUCTOR COMMENTS (include remediations): Note: Students need a score of 84% or above on the written test to pass or they MUST be remediated.

I acknowledge by signing below that above class was taught to AHA guidelines. I also either gave or verified the students received a book and have attached proof of either.

Instructor Signature: _____ Date: ____ / ____ / ____

Table with two columns: 'CHECK OFF ONE COURSE' and 'MARK OFF SKILLS COMPLETED'. Lists course options like H/S CPR/AED, H/S First Aid, H/S FA/CPR/AED, H/S Pediatric FA/CPR/AED, BLS Healthcare Provider, Instructor BLS, Family & Friends. Includes 'Equipment Used' section with fields for AHA Bag, AED Trainer, Manikin #s, Instructor Boxes, and Office use only.

PLEASE - NEATLY PRINT INFORMATION

Write grade less than 84. Fill Passing grade later
 Practical & Final
 P- Pass, R- Remediate, I- Inc.

COURSE DATES	80
	92

	BLS	REU	FIRST NAME	LAST NAME	ADDRESS (Street, City, State)	ZIP CODE	COURSE DATES			WRIT.	PRAC	FIN	INC	PD	AMT
						PHONE									
1															
2															
3															
4															
5															
6															
7															
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INSTRUCTORS: Please be sure the above list is LEGIBLE and COMPLETE before submitting.

Adult CPR and AED Skills Testing Checklist



Student Name _____ Date of Test _____

Hospital Scenario: "You are working in a hospital or clinic, and you see a person who has suddenly collapsed in the hallway. You check that the scene is safe and then approach the patient. Demonstrate what you would do next."

Prehospital Scenario: "You arrive on the scene for a suspected cardiac arrest. No bystander CPR has been provided. You approach the scene and ensure that it is safe. Demonstrate what you would do next."

Assessment and Activation

- Checks responsiveness Shouts for help/Activates emergency response system/Sends for AED
 Checks breathing Checks pulse

Once student shouts for help, instructor says, "Here's the barrier device. I am going to get the AED."

Cycle 1 of CPR (30:2) *CPR feedback devices preferred for accuracy

Adult Compressions

- Performs high-quality compressions*:
- Hand placement on lower half of sternum
 - 30 compressions in no less than 15 and no more than 18 seconds
 - Compresses at least 2 inches (5 cm)
 - Complete recoil after each compression

Adult Breaths

- Gives 2 breaths with a barrier device:
- Each breath given over 1 second
 - Visible chest rise with each breath
 - Resumes compressions in less than 10 seconds

Cycle 2 of CPR (repeats steps in Cycle 1) Only check box if step is successfully performed

- Compressions Breaths Resumes compressions in less than 10 seconds

Rescuer 2 says, "Here is the AED. I'll take over compressions, and you use the AED."

AED (follows prompts of AED)

- Powers on AED Correctly attaches pads Clears for analysis Clears to safely deliver a shock
 Safely delivers a shock

Resumes Compressions

- Ensures compressions are resumed immediately after shock delivery
- Student directs instructor to resume compressions or
 - Student resumes compressions

STOP TEST

Instructor Notes

- Place a ✓ in the box next to each step the student completes successfully.
- If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to Instructor Manual for information about remediation).

Test Results Check **PASS** or **NR** to indicate pass or needs remediation:

PASS **NR**

Instructor Initials _____ Instructor Number _____ Date _____

Adult CPR and AED

Skills Testing Critical Skills Descriptors

- 1. Assesses victim and activates emergency response system (this *must* precede starting compressions) within a maximum of 30 seconds. After determining that the scene is safe:**
 - Checks for responsiveness by tapping and shouting
 - Shouts for help/directs someone to call for help *and* get AED/defibrillator
 - Checks for no breathing or no normal breathing (only gasping)
 - Scans from the head to the chest for a minimum of 5 seconds and no more than 10 seconds
 - Checks carotid pulse
 - Can be done simultaneously with check for breathing
 - Checks for a minimum of 5 seconds and no more than 10 seconds
- 2. Performs high-quality chest compressions (initiates compressions immediately after recognition of cardiac arrest)**
 - Correct hand placement
 - Lower half of sternum
 - 2-handed (second hand on top of the first or grasping the wrist of the first hand)
 - Compression rate of 100 to 120/min
 - Delivers 30 compressions in 15 to 18 seconds
 - Compression depth and recoil—at least 2 inches (5 cm) and avoid compressing more than 2.4 inches (6 cm)
 - Use of a commercial feedback device or high-fidelity manikin is highly recommended
 - Complete chest recoil after each compression
 - Minimizes interruptions in compressions
 - Delivers 2 breaths so less than 10 seconds elapses between last compression of one cycle and first compression of next cycle
 - Compressions resumed immediately after shock/no shock indicated
- 3. Provides 2 breaths by using a barrier device**
 - Opens airway adequately
 - Uses a head tilt–chin lift maneuver or jaw thrust
 - Delivers each breath over 1 second
 - Delivers breaths that produce visible chest rise
 - Avoids excessive ventilation
 - Resumes chest compressions in less than 10 seconds
- 4. Performs same steps for compressions and breaths for Cycle 2**
- 5. AED use**
 - Powers on AED
 - Turns AED on by pushing button or lifting lid as soon as it arrives
 - Correctly attaches pads
 - Places proper-sized (adult) pads for victim’s age in correct location
 - Clears for analysis
 - Clears rescuers from victim for AED to analyze rhythm (pushes analyze button if required by device)
 - Communicates clearly to all other rescuers to stop touching victim
 - Clears to safely deliver shock
 - Communicates clearly to all other rescuers to stop touching victim
 - Delivers a shock
 - Resumes chest compressions immediately after shock delivery
 - Does *not* turn off AED during CPR
- 6. Resumes compressions**
 - Ensures that high-quality chest compressions are resumed immediately after shock delivery
 - Performs same steps for compressions

Infant CPR Skills Testing Checklist (1 of 2)



Student Name _____ Date of Test _____

Hospital Scenario: "You are working in a hospital or clinic when a woman runs through the door, carrying an infant. She shouts, 'Help me! My baby's not breathing.' You have gloves and a pocket mask. You send your coworker to activate the emergency response system and to get the emergency equipment."

Prehospital Scenario: "You arrive on the scene for an infant who is not breathing. No bystander CPR has been provided. You approach the scene and ensure that it is safe. Demonstrate what you would do next."

Assessment and Activation

Checks responsiveness Shouts for help/Activates emergency response system Checks breathing

Checks pulse

Once student shouts for help, instructor says, "Here's the barrier device."

Cycle 1 of CPR (30:2) *CPR feedback devices preferred for accuracy

<p>Infant Compressions</p> <p><input type="checkbox"/> Performs high-quality compressions*:</p> <ul style="list-style-type: none">• Placement of 2 fingers in the center of the chest, just below the nipple line• 30 compressions in no less than 15 and no more than 18 seconds• Compresses at least one third the depth of the chest, about 1½ inches (4 cm)• Complete recoil after each compression	<p>Infant Breaths</p> <p><input type="checkbox"/> Gives 2 breaths with a barrier device:</p> <ul style="list-style-type: none">• Each breath given over 1 second• Visible chest rise with each breath• Resumes compressions in less than 10 seconds
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Cycle 2 of CPR (repeats steps in Cycle 1) Only check box if step is successfully performed

Compressions Breaths Resumes compressions in less than 10 seconds

Rescuer 2 arrives with bag-mask device and begins ventilation while Rescuer 1 continues compressions with 2 thumb-encircling hands technique.

Cycle 3 of CPR

<p>Rescuer 1: Infant Compressions</p> <p><input type="checkbox"/> Performs high-quality compressions*:</p> <ul style="list-style-type: none">• 15 compressions with 2 thumb-encircling hands technique• 15 compressions in no less than 7 and no more than 9 seconds• Compresses at least one third the depth of the chest, about 1½ inches (4 cm)• Complete recoil after each compression	<p>Rescuer 2: Infant Breaths</p> <p><i>This rescuer is not evaluated.</i></p>
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(continued)

Infant CPR Skills Testing Checklist (2 of 2)



Student Name _____ Date of Test _____

Cycle 4 of CPR

Rescuer 2: Infant Compressions <i>This rescuer is not evaluated.</i>	Rescuer 1: Infant Breaths <input type="checkbox"/> Gives 2 breaths with a bag-mask device: <ul style="list-style-type: none">• Each breath given over 1 second• Visible chest rise with each breath• Resumes compressions in less than 10 seconds
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STOP TEST

Instructor Notes <ul style="list-style-type: none">• Place a ✓ in the box next to each step the student completes successfully.• If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to Instructor Manual for information about remediation).
Test Results Check PASS or NR to indicate pass or needs remediation: PASS <input type="checkbox"/> NR <input type="checkbox"/>
Instructor Initials _____ Instructor Number _____ Date _____

Infant CPR

Skills Testing Critical Skills Descriptors

- 1. Assesses victim and activates emergency response system (this *must* precede starting compressions) within a maximum of 30 seconds. After determining that the scene is safe:**
 - Checks for responsiveness by tapping and shouting
 - Shouts for help/directs someone to call for help *and* get emergency equipment
 - Checks for no breathing or no normal breathing (only gasping)
 - Scans from the head to the chest for a minimum of 5 seconds and no more than 10 seconds
 - Checks brachial pulse
 - Can be done simultaneously with check for breathing
 - Checks for a minimum of 5 seconds and no more than 10 seconds
- 2. Performs high-quality chest compressions during 1-rescuer CPR (initiates compressions within 10 seconds of identifying cardiac arrest)**
 - Correct placement of hands/fingers in center of chest
 - 1 rescuer: 2 fingers just below the nipple line
 - Compression rate of 100 to 120/min
 - Delivers 30 compressions in 15 to 18 seconds
 - Adequate depth for age
 - Infant: at least one third the depth of the chest (about 1½ inches [4 cm])
 - Use of a commercial feedback device or high-fidelity manikin is highly recommended
 - Complete chest recoil after each compression
 - Appropriate ratio for age and number of rescuers
 - 1 rescuer: 30 compressions to 2 breaths
 - Minimizes interruptions in compressions
 - Delivers 2 breaths so less than 10 seconds elapses between last compression of one cycle and first compression of next cycle
- 3. Provides effective breaths with bag-mask device during 2-rescuer CPR**
 - Opens airway adequately
 - Delivers each breath over 1 second
 - Delivers breaths that produce visible chest rise
 - Avoids excessive ventilation
 - Resumes chest compressions in less than 10 seconds
- 4. Switches compression technique at appropriate interval as prompted by the instructor (for purposes of this evaluation). Switch should take no more than 5 seconds.**
- 5. Performs high-quality chest compressions during 2-rescuer CPR**
 - Correct placement of hands/fingers in center of chest
 - 2 rescuers: 2 thumb-encircling hands just below the nipple line
 - Compression rate of 100 to 120/min
 - Delivers 15 compressions in 7 to 9 seconds
 - Adequate depth for age
 - Infant: at least one third the depth of the chest (about 1½ inches [4 cm])
 - Complete chest recoil after each compression
 - Appropriate ratio for age and number of rescuers
 - 2 rescuers: 15 compressions to 2 breaths
 - Minimizes interruptions in compressions
 - Delivers 2 breaths so less than 10 seconds elapses between last compression of one cycle and first compression of next cycle

ANSWER SHEET

BLS for Healthcare Providers Written Exam

Name: _____ Date: ____/____/____ Test Version: _____

Test Score: _____ Test Booklet No.: _____ (Must attain a score of 84% or better to pass this course)

Question	Answer			
1	(A)	(B)	(C)	(D)
2	(A)	(B)	(C)	(D)
3	(A)	(B)	(C)	(D)
4	(A)	(B)	(C)	(D)
5	(A)	(B)	(C)	(D)
6	(A)	(B)	(C)	(D)
7	(A)	(B)	(C)	(D)
8	(A)	(B)	(C)	(D)
9	(A)	(B)	(C)	(D)
10	(A)	(B)	(C)	(D)
11	(A)	(B)	(C)	(D)
12	(A)	(B)	(C)	(D)
13	(A)	(B)	(C)	(D)
14	(A)	(B)	(C)	(D)
15	(A)	(B)	(C)	(D)
16	(A)	(B)	(C)	(D)
17	(A)	(B)	(C)	(D)
18	(A)	(B)	(C)	(D)
19	(A)	(B)	(C)	(D)
20	(A)	(B)	(C)	(D)
21	(A)	(B)	(C)	(D)
22	(A)	(B)	(C)	(D)
23	(A)	(B)	(C)	(D)
24	(A)	(B)	(C)	(D)
25	(A)	(B)	(C)	(D)

ECC Course Evaluation

BLS Classroom Course



Date _____ Instructor(s) _____

Training Center _____ Location _____

Please answer the following questions about your **Instructor**.

My Instructor:

1. Provided instruction and help during my skills practice session
 - a. Yes
 - b. No
2. Answered all of my questions before my skills test
 - a. Yes
 - b. No
3. Was professional and courteous to the students
 - a. Yes
 - b. No

Please answer the following questions about the **course content**.

1. The course learning objectives were clear.
 - a. Yes
 - b. No
2. The overall level of difficulty of the course was
 - a. Too hard
 - b. Too easy
 - c. Appropriate
3. The content was presented clearly.
 - a. Yes
 - b. No
4. The quality of videos and written materials was
 - a. Excellent
 - b. Good
 - c. Fair
 - d. Poor
5. The equipment was clean and in good working condition.
 - a. Yes
 - b. No

Please answer the following questions about your **skill mastery**.

1. The course prepared me to successfully pass the skills session.
 - a. Yes
 - b. No
2. I am confident I can use the skills the course taught me.
 - a. Yes
 - b. No
 - c. Not sure

3. I will respond in an emergency because of the skills I learned in this course.
 - a. Yes
 - b. No
 - c. Not sure

4. I took this course to obtain professional education credit or continuing education credit.
 - a. Yes
 - b. No

Optional questions:

Have you previously taken this course via another method, such as in a classroom or online?

Which learning method do you prefer and why?

Were there any strengths or weaknesses of the course that you would like to comment on?

What would you like to see in future courses developed by the AHA?

After Completing This Evaluation

Please return this evaluation to your Instructor before you leave the class.

Alternatively, you can send the evaluation to your Instructor's Training Center. Ask your Instructor for the contact information.

If you have significant problems or concerns with your course, please contact the AHA at 877-AHA-4CPR.